

Where to Go for Care

Call your primary care provider, even after hours, if you are unsure where to go.



PRIMARY CARE OFFICE



The go-to place for managing your health care. Your primary care provider knows your medical history best.

OPEN: Weekdays. Some offices have early, late and weekend appointments. Providers always on call.

GOOD FOR:

- Annual physicals / Wellness exams
- Routine screenings
- Vaccines
- Sprains and strains
- Chronic conditions
- Dental pain
- Vomiting and diarrhea
- Animal Bites
- Blood pressure checks
- Medicine refills
- Colds, cough, sore throat and flu
- Anxiety and depression



URGENT CARE CENTER



Immediate care for conditions that are not life-threatening. Shorter average wait times than the emergency room.

OPEN: Usually every day, morning to early evening.

GOOD FOR:

- Asthma
- Cuts requiring stitches
- Broken bones
- Concussions
- Vomiting and diarrhea
- Minor cuts and burns
- Sprains and strains



EMERGENCY ROOM



Immediate care for life-threatening conditions, including heart attack and stroke.

OPEN: Always.

GOOD FOR:

- Fever ≥ 100.4 in a child less than 3 months old
- Chest pain
- Shortness of breath
- Sudden numbness, weakness, speech difficulty or sudden loss of vision
- Severe belly pain
- Vomiting blood
- Uncontrolled bleeding
- Mental health crisis



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This is a general guide. Cost, hours and available treatment will vary.